



"I Can" Pediatric Therapies, LLC

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Occupational Therapy Checklist for Ages 0-3 years

- Not showing interest in scribbling or coloring at or around 12 months of age
- Not showing interest in drinking from a cup or using utensils (12-14 months)
- Frequently makes fists with hands (after 6 months of age)
- Resists being held or becomes tense with held, dislikes being cuddled
- Has sucking difficulties
- Is overly active or seeks excessive movement
- Is unable to settle down; has sleeping difficulties
- Has difficulty or doesn't play with age appropriate toys
- Is easily startled
- Has trouble consoling self; fussy
- Is slow to roll, sit, creep or stand
- Has poor or irregular muscle tone
- Does not explore
- Has trouble tolerating prone (on stomach) position
- Dislikes baths
- Does not point to objects or pictures
- Does not use or imitate gestures such as waving or shaking head
- Does not point to at least a few body parts at 12 months of age
- Does not play games such as pat-a-cake and peek-a-boo by 12 months
- Does not enjoy looking at pictures in books
- Does not begin to show interest in removing own shoes, socks, or other clothes around 12 months
- Does not bring hands together at midline by 6 months, bang toys together at midline by 8 months or claps hands together by 12 months
- Wanders aimlessly without focused exploration or purposeful play (over 15 months)
- Prefers to play more with objects and toys than people
- Doesn't respond to verbal cues (hearing is OK and over 12 months)
- Doesn't babble or vocalize
- Is distressed by having hair, face washed
- Doesn't want to wear clothing (if infant is most content when naked)
- Does not show interest in reciprocal communication or games such as pat-a-cake or peek-a-boo by approximately 12 months
- Does not show interest in scribbling or coloring (or is unable to grasp a writing tool) by 15-18 months
- Unable to stack 3-10 blocks or complete simple 3-4 piece puzzles (skill emerging between 15 months and showing mastery by 20-25 months)
- Is not able to string beads by 27-28 months

A child may need to be referred for Occupational Therapy if several of the above areas have been checked or if any of the above areas creates a functional delay or problem.